

Quarterly Report- 2010 School Health Program

Goal:

The goal of HDF School Health Program is to promote healthy youth and a healthy community.

Objectives:

- 1) Detection and referral of health problems of primary school children:
 - a) 100% Screening of primary school students
 - b) 100 % referral of identified students to concerned specialty
 - c) 80% of referred students will get consultation from concerned specialist
- 2) Prevention of communicable diseases
 - 100% complete immunization of students entering the schools
- 3) Creating a healthy environment for children at school
 - a) 100% of teachers will be educated about importance of clean drinking water.
 - b) 100% of students will be educated about importance of using proper latrines.
 - c) 100% of students will be educated about the basic principles of hygiene.
- 4) Development of healthy attitudes and health behaviors by students
 - a) 100% of students will be given Health Education about the importance of Physical Training/Sports.
 - b) 100% of students will be given Health Education about the hazards of smoking.
 - c) 100% of the students will be given Health Education about the importance, spread etc of Hepatitis/AIDS
 - d) 100 % of students (of 4rth & 5th

Progress of 1st quarter 2010

1. SCREENING:

Total Students Screened in 1st Quarter 2010

REGION	Male	Female	Total
Mardan	136	259	395
Tando Muhammad Khan	108	73	181
Rahim Yar Kahn	352	348	700
Zhob	78	0	78
Karachi	146	158	304
Islamabad	43	51	94
Lahore	0	0	0
Muzaffarabad	0	0	0
Total	863	889	1752

Students referred after examination

REGION	Male	Female	Total
Mardan	2	4	6
Tando Muhammad Khan	5	1	6
Rahim Yar Kahn	9	9	18
Zhob	0	0	0
Karachi	5	7	12
Islamabad	7	8	15
Lahore	0	0	0
Muzaffarabad	0	0	0
Total	28	29	57

Students with Visual problems

REGION	Male	Female	Total
Mardan	2	8	10
Tando Muhammad Khan	0	0	0
Rahim Yar Kahn	0	0	0
Zhob	0	0	0
Karachi	11	9	20
Islamabad	8	8	16
Lahore	0	0	0
Muzaffarabad	0	0	0
Total	21	25	46

Students with Hearing problems

REGION	Male	Female	Total
Mardan	0	0	0
Tando Muhammad Khan	0	0	0
Rahim Yar Kahn	1	1	2
Zhob	0	0	0
Karachi	0	0	0
Islamabad	4	0	4
Lahore	0	0	0
Muzaffarabad	0	0	0
Total	5	1	6

Students underweight

REGION	Male	Female	Total
Mardan	34	58	92
Tando Muhammad Khan	1	1	2
Rahim Yar Kahn	6	8	14
Zhob	0	0	0
Karachi	0	0	0
Islamabad	27	0	27
Lahore	27	75	102
Muzaffarabad	0	0	0
Total	95	142	237

Students with Skin Problems

REGION	Male	Female	Total
Mardan	1	2	3
Tando Muhammad Khan	10	6	16
Rahim Yar Kahn	11	9	20
Zhob	1	1	2
Karachi	0	0	0
Islamabad	1	2	3
Lahore	0	0	0
Muzaffarabad	0	0	0
Total	24	20	44

2. IMMUNIZATION OF KIDS:

Immunization status of Kids in HDF program area:

80% of kids less than 2 years are fully vaccinated for major EPI diseases. The detail is as under

REGION	Male	Female	%
Mardan	1777	1391	78
Tando Muhammad Khan	1615	889	55
Rahim Yar Kahn	1333	1311	98
Zhob	1560	1425	91
Karachi	621	299	48
Islamabad	365	365	100
Lahore	843	843	100
Muzaffarabad	300	202	67
Total	8414	6725	80

3. HEALTH EDUCATION OF STUDENTS:

During the quarter health education has been imparted to students on personal hygiene, safe drinking water, sanitation, physical sports importance, smoking hazards etc by Health Coordinator and LHV during their planned screening visits.

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Rahim Yar Kahn	352	348	700

Zhob	78	0	78
Karachi	146	158	304
Islamabad	43	51	94
Lahore	0	0	0
Muzaffarabad	0	0	0
Total	863	889	1752

4. TRAINING OF STUDENTS ON FIRST AID:

REGION	# of Students
Mardan	63
Tando Muhammad Khan	103
Rahim Yar Kahn	133
Zhob	20
Karachi	82
Islamabad	42
Lahore	0
Muzaffarabad	0
Total	443

5. COMMENTS:

1. This report includes the achievements for the 1st Quarter 2010.
2. Data has been taken from 6 regions. School Health Program activities are planned in 2nd or 3rd quarter 2010 for Lahore and in Muzaffarabad there is no primary school.
3. The kids identified for low vision and hearing problem will be provided eye glasses and hearing aids after taking consultation form respective specialists.
4. One complete cycle of screening will be completed by Dec 2010.

Few Pictures of School Health Program:



General Physical Examination



Height Measurement



Screening for Vision



Screening for Vision using Snellen's Eye Chart