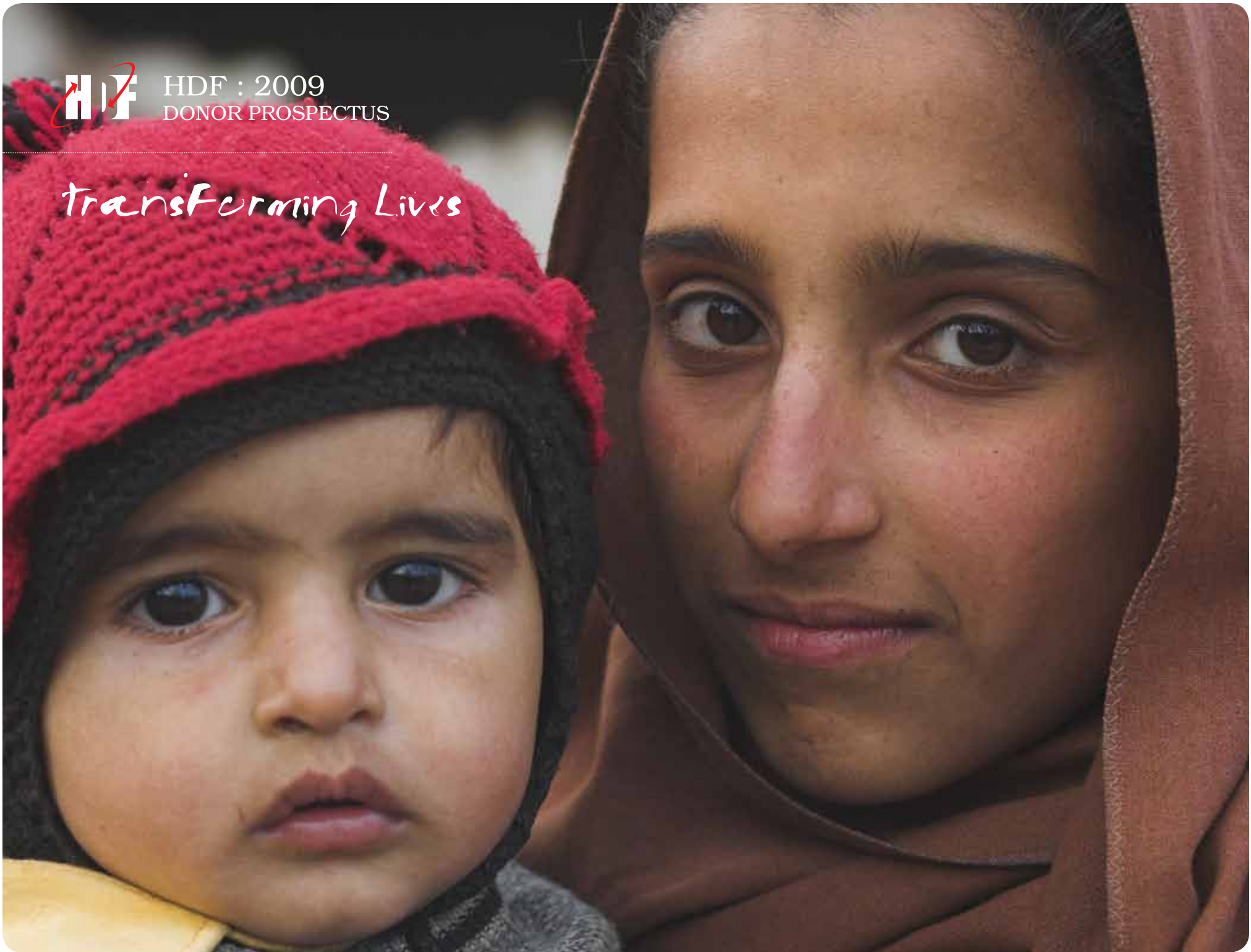




HDF : 2009
DONOR PROSPECTUS

transforming Lives



What is Human Development?

HUMAN DEVELOPMENT FOUNDATION: TRANSFORMING LIVES

In a little more than a decade, the Human Development Foundation (HDF) has touched hundreds of communities and transformed the lives of tens of thousands of people all across Pakistan. A non-political movement for positive social change, HDF delivers diverse and sustainable programs in five key areas: education, health care, economic development, sustainable environment and social mobilization. Within each area of focus, our mission remains the same: Empower communities and individuals with the tools and resources needed to achieve and sustain a better way of life. We believe everyone deserves to be treated with respect and dignity, and receive the opportunity to succeed.

THE HISTORY OF HUMAN DEVELOPMENT FOUNDATION

Since 1997, the Human Development Foundation (HDF) has worked to empower the people of Pakistan by creating social and economic opportunities through an array of programs. The organization's efforts in human development are all encompassing, and comprise of programs to build economic growth, increase social investment, provide basic needs and social safety nets, and deliver political and cultural freedom. Today, the organization has a significant presence throughout each of the four provinces of Pakistan and Kashmir, and across eight regions, including: Mardan, Lahore, Rahim Yar Khan, Karachi and Shamsabad, Zhob, the rural area surrounding Islamabad and Bugna (Muzafarabad) in AJK.

HDF TODAY

The founders and supporters of HDF have provided instrumental tools and programs for HDF beneficiaries to achieve social and economic advancement. Yet, there is much work left to be done. Only the support of caring world citizens will allow HDF to continue to deliver these programs. With Pakistan at a crossroads, now is the time to make a difference and help empower those who need it the most.

BUILDING MOMENTUM

HDF is one of the few organizations who has received a certification by Pakistan Centre for Philanthropy (PCP) in Internal Governance, Financial Management and Program Delivery.

The external evaluation and certifications by PCP and Institutional Management and Certification Program (IMCP) by USAID-NGORC within the last two years has added greater value to the credibility of HDF amongst the leading Non-profit organizations of Pakistan.

Achievements in HDF's History

- _ Educated more than 10,000 students, including boys and girls as well as adults.
- _ Run roughly 200 formal and non-formal schools while also providing necessary training to teachers.
- _ Treated more than 100,000 patients while fully immunizing 85% of children from age two to five.
- _ Created more than 1,300 development organizations to partner and achieve objectives within the communities they serve.
- _ Completed more than 600 community infrastructure projects to build link roads, sustainable water sources, irrigation and more.
- _ Re-circulated more than \$1 million in microloans to help build skills and provide opportunities for individuals to operate their own small businesses.
- _ The ground-level Village Development Organizations (VDOs) have successfully obtained more than PKR 1.9 in funds from the local government to support HDF programs and initiatives.
- _ Educated more than 10,000 students, including boys and girls as well as adults.
- _ Run roughly 200 Formal and Non Formal Schools while also providing necessary training to teachers.
- _ Treated more than 100,000 patients while fully immunizing 85% of children from age two to five.
- _ Vaccinated more than 90% Women of Reproductive Age (WRA) against Tetanus
- _ Created more than 1,300 Development Organizations to partner and achieve objectives within the communities they serve.
- _ Completed more than 600 Community Physical Infrastructure Projects including Link Roads, Watercourse Lining, Street Pavement, Water Supply Schemes, Hand Pumps, Sanitation, and Delay Action Dams.
- _ Re-circulated more than \$ 1 million in micro credit (small loans) for establishing small scale enterprises of their own.
- _ Trained more than 9,000 persons including men and women in Technical/Vocational Skills.
- _ The ground level Village Development Organizations (VDOs) have successfully obtained more than \$ 1.2 million funds from the local government to support HDF programs and initiatives.





HDF AND EDUCATION

Literacy and education are the most fundamental pillars of society. At HDF, we strive to create a system and framework to educate all of the citizens of Pakistan. We believe education starts with understanding and engagement from the entire community. Our efforts are all-encompassing, from building new schools to instilling a love of learning amongst children to providing local residents with teaching tools and skills to actively engaging parents in the school.

2008 ACCOMPLISHMENTS

- _ 23 new schools opened, including 15 new non-formal schools and 8 elementary schools
- _ 1,667 new students enrolled in HDF schools
- _ 1,413 out-of-school students enrolled
- _ Graduated 551 students with a graduation rate of more than 95-percent amongst primary and middle school students
- _ Delivered training courses to 342 teachers.

2009 OVERVIEW AND GOALS

In 2009, HDF continues to work towards its goal of ensuring by 2015 boys and girls in HDF program areas have the opportunity to complete primary schooling, and eliminating gender disparity in the school system. In 2009, our efforts to reach this goal include opening non-formal, formal and elementary schools across the country, as well as increasing enrollment in communities with new and existing schools.

In 2009, HDF is focused on increasing enrollment, building new institutions and improving the quality of existing educational programs.

- _ HDF is committed to enrolling 2,100 new students in non-HDF Schools this year. In the first quarter of 2009, our community outreach efforts have resulted in the enrollment of 444 new students.
- _ In 2009, HDF will open 5 new elementary and secondary schools specifically for girls. Already this year, we have opened a new elementary school in Zhob.
- _ HDF constantly reviews the quality and effectiveness of its educational programs. As a result, we are constantly improving the curriculum in all of our schools. This year, we have set new learning objectives for English and Math programs, and we are in the process of implementing new modules to teach critical thinking and develop civic understanding. These new learning objectives are also incorporated into the teachers training program.

BUGNA GIRLS HIGH SCHOOL PROJECT IN AJK

Following the devastating earthquake in the fall of 2006, HDF set out to build a new high school for girls in Bugna, AJK. To that point, the education of girls in the community ceased after middle school as parents adamantly opposed co-education, and boys attended the only high school in the region.

With tremendous community support (including the donation of land) and the generous donations of the Pakistan Association of Greater Seattle (PAGS), HDF was able to build this new institution. Since opening in 2008, the Bugna Girls High School continues to grow its enrollment to more than 100 students, and significantly increase graduation rates,

In a short period of time, the Bugna High School has had a profound effect on the community. Not only are girls now able to continue their education through high school, but the overall enrollment amongst girls in primary and secondary schools is also increasing due to this new opportunity to attain a complete education.

2009 RESULTS TO DATE		Achieved by JUN 09		To be Achieved by DEC 09
Activity/Project	Yearly Goal	Achieved to Date	To be Achieved	US Dollars to be Raised
Open New Non-Formal, One-Room Schools	27	22	05	\$8,248
Improve Qualification for Teachers at HDF Schools	52	12	40	\$1,174
Open New Elementary and Secondary Schools	05	04	01	\$4,695
Open New Adult Literacy Centers	22	08	14	\$2,876
Operational Expenses for Existing 331 Non Formal One Room Classes				\$127,520
Establishing of Formal Primary School in Rented Buildings in Mardan, Lahore Islamabad and Zhob Region				\$12,437
Operational Expenses for Existing 5 Formal schools in Mardan, Rahim Yar Khan Islamabad, Zhob and Lahore				\$29,033
E & S School- Operational Expenses for Existing 28 classes (15 Schools)				\$33,122





HDF AND HEALTH CARE

Since its founding, HDF has focused an extraordinary amount of its resources on improving the level of health care in Pakistan. Our efforts include reducing mortality rates for at-risk individuals, improving general health behaviors through education and understanding, and helping individuals identify and solve their health problems using available resources. These programs range from preventative to curative health care, and help deliver critical health care such as widespread immunizations of children and pregnant women, the treatment of injuries and illness, and school health programs.

2008 ACCOMPLISHMENTS

- _ Increased education and treatment in school health programs with more than 7,500 students receiving health screenings in 2008, training in first aid treatment and education on the importance of safe drinking water and sanitation.
- _ 77% of births attended by skilled health personnel.
- _ Continued efforts to provide widespread child immunization in 2008
 - 70.8% of children age 1 or under are fully immunized
 - 91.1% of children ages 1 to 2 are fully immunized
 - 91.5% of children ages 2 to 5 are fully immunized
- _ More than 28,000 women of reproductive age benefitted from the HDF Health Program and more than 90% have received immunization

2009 OVERVIEW AND GOALS

In 2009, HDF continues its on-going efforts to deliver health care to those that need it the most. We continue to focus on immunizing children and women of reproductive age, as well providing innovative mobile health care solutions. This year, we also intend on continuing to provide training to our ground level staff in order for them to best implement new and existing health care programs. Providing health care in such diverse and expansive regions can be challenging. As a result, HDF constantly monitors the effectiveness of our programs and finding the best means to achieve our short- and long-terms goals.

In 2009, HDF remains committed to preventive and curative health care efforts, as well as providing health education to the individuals and communities that need it the most.

- _ HDF strives to halt and reverse the spread of HIV/AIDS by 2015. We continue to look for additional funding to help provide health education in the community through workshops, seminars and street theaters.
- _ Promote healthy lifestyles amongst our staff in Pakistan and the communities we serve. To date, we have implemented a staff wellness program in each of our regions, and we hope to be able to offer on-going assessments to demonstrate tangible improvements in the overall health of individuals.
- _ Ensure EPI vaccination of all children (with due vaccine) under five years of age. In 2009, we plan to develop strong linkages with the Government Health Department to overcome the on-going shortage of health staff in the government.
- _ With funding, we plan to arrange 25 free Medical Camps this year in all the regions HDF serves.
- _ In 2009, HDF is committed to continuing its efforts to provide school health services. This year we hope to reach more than 9,000 students at HDF Schools.

REMOTE PATIENT MONITORING SYSTEM

In June 2008, HDF initiated the Remote Patient Monitoring System (RPMS) project, an effort to use technology to help monitor the on-going health of pregnant women who live in remote areas. A low cost and convenient solution, the RPMS provides small villages with the technology to monitor simple health signs and symptoms, such as pulse, blood pressure and heart rate. The data is then recorded and transmitted to a traditional health care facility for further review. The RPMS project is an innovative solution to serve the majority of the population that lives in rural areas with no access to health care.

2009 RESULTS TO DATE		Achieved by JUN 09		To be Achieved by DEC 09	
Activity/Project	Yearly Goal	Achieved to Date	To be Achieved	US Dollars Raised	
Build MCH awareness workshops at village level for women	147	49	98	\$1,774	
Conduct Health Seminars	171	122	49	\$887	
Hold medical camps for specific and general diseases	25	10	15	\$2,715	
Implementation of Preventive Health Care Program in more than 19000 HHs through Lady Health Workers				\$90,504	
TT Vaccination to Women at Reproductive Age (WRAs)	26,600	9,176	17,424	\$6,389	
Training of Traditional Birth Attendants for conduction of safe deliveries	55	30	25	\$2,270	



FORGING PARTNERSHIP

The Human Development Foundation is aligned with the United Nations' Millennium Development Goals (MDG) and is working to bring community empowerment and a positive social change in Pakistan. To achieve our goals we conduct a comprehensive baseline survey, carry out gap analysis, and put in place an effective system of monitoring and evaluation of our programs.

We have expanded our mandate for improvements through creation of a special department called Performance Improvement Program (this is also in the strategic plan document). Performance Improvement Program (PIP). While continuing with our regular activities of monitoring and evaluation, we would be carrying out some impact studies and a specially structured study 'Lack of Primary School Education' (LAPSE) Study to help develop and implement corrective action plans for this.

HDF AND ECONOMIC DEVELOPMENT

Economic development plays a crucial role in our efforts to empower communities and equip individuals with the tools needed to achieve and sustain a desired quality of life. HDF's efforts in this realm focus on the delivery of micro-finance and micro credit programs to provide both the financial resources and skills needed for people to earn a sufficient living.

2008 ACCOMPLISHMENTS

- _ HDF provided vocational and technical training to 998 individuals
- _ Established or expanded 54 livestock micro enterprises by means of creating ventures and partnership.
- _ HDF maintained a 100% recovery rate in 2008.
- _ More than 700 people attended HDF workshops on agriculture livestock and business management
- _ Created new vocational training centers and a computer training center

2009 OVERVIEW AND GOALS

HDF's economic development program continues to develop measurement tools to determine small business feasibility, study options for providing micro credit to individuals, and the organization is currently exploring the possibility of founding an HDF micro finance bank to serve all these initiatives. Furthermore, HDF has maintained its impressive 100% recovery rate on our micro credits and joint venture partnerships in 2009.

- _ Support more than 150 entrepreneurs through micro credit
- _ Create and support 81 individual joint venture partnerships
- _ Train roughly 850 individuals in technical and vocational skills.
- _ Increase kitchen gardening and organic farming efforts.

2009 RESULTS TO DATE		Achieved by JUN 09		To be Achieved by DEC 09
Activity/Project	Yearly Goal	Achieved to Date	To be Achieved	US Dollars to be Raised
Support Joint Venture development initiatives with individuals	81	40	41	\$12,733
Train individuals through workshops on the introduction of new technology for agriculture and seed improvement	12	6	6	\$145
Train individuals through workshops on the introduction of exotic breeds/livestock Mgmt	11	6	5	\$122
Train individuals in Business Management Skills Training (BMST)	60	37	23	\$238
HHs supported for micro enterprise dev through micro credit	151	67	84	\$20,869
Support Vocational Training Centers at Shamsabad, Karachi and AIK				\$10,882
To be trained in Technical/Vocational Skills	892	416	476	\$5,353
Vegetable Farming with Pest Management	30	10	20	\$1,035

Developing new and sustainable infrastructure represents a significant part of HDF's overall efforts to better communities in need. HDF has partnered with communities to finish more than 600 physical infrastructure projects, including building sustainable and safe drinking water systems with delay action dams, hand pumps and tube wells; link roads; solid waste disposal; irrigation projects; and agricultural pest management.

2008 ACCOMPLISHMENTS

- _ Tree Plantations: 10,299
- _ Hand Pumps: 26
- _ Link Roads: 5
- _ Street Pavements: 7
- _ Drinking Water Supply Schemes : 7
- _ Integrated Area Upgrading Project: 1
- _ Karaz: 1
- _ Latrines: 49
- _ Water Course Linings: 3
- _ Drainage/Sanitation Projects: 4
- _ Retaining Walls: 3
- _ Water Tank: 1
- _ Cleanliness Drives: 82

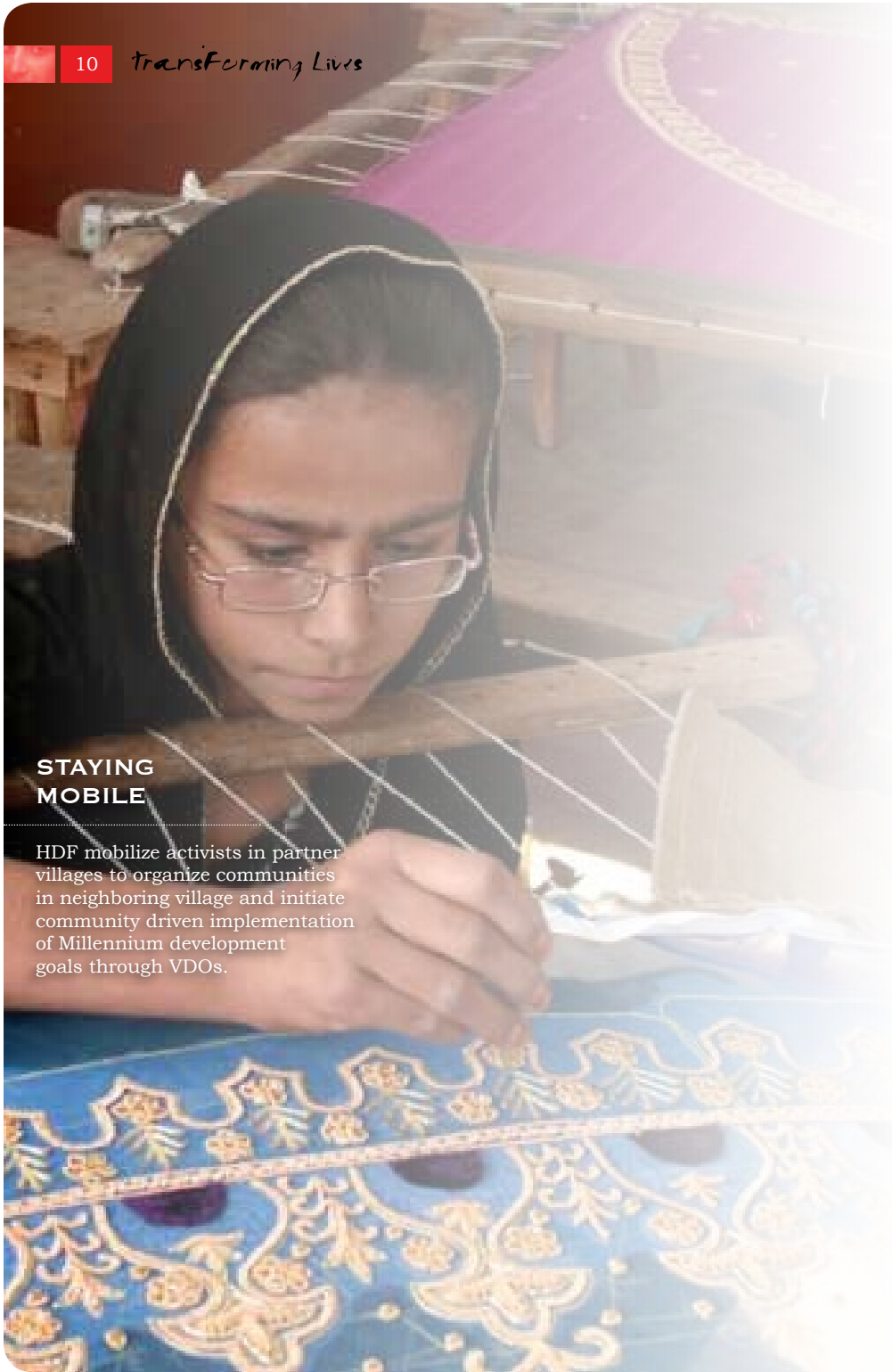
2009 OVERVIEW AND GOALS

For the remainder of 2009, HDF plans on continuing its efforts to improve overall infrastructure for in-need communities. To date, we have completed more than 85% of our planned tree planting throughout various regions. HDF has already completed additional sustainable environmental work this year, including new water supply schemes in Bugna, Darna and Islamabad, as well as a kitchen and sanitation project in Bugna. Our specific 2009 community infrastructure goals are as follows:

- _ Hold 717 water tests to identify potential Arsenic within HDF program areas
- _ Develop 8 Waste Management Disposal Systems within HDF program areas
- _ Conduct 72 village cleanliness campaigns
- _ Construct 20 Latrines in Mardan, Shamsabad, Rahim Yar Khan and Zohb regions.

2009 RESULTS TO DATE		Achieved by JUN 09		To be Achieved by DEC 09	
Activity/Project	Yearly Goal	Achieved to Date	To be Achieved	US Dollars to be Raised	
Support HHs for Latrine Provision	20	5	15	\$785	
Village Cleanliness Drive (once a month by each region)	72	22	50	\$262	
Water Tests for Arsenic	292	210	82	\$176	





STAYING MOBILE

HDF mobilize activists in partner villages to organize communities in neighboring village and initiate community driven implementation of Millennium development goals through VDOs.

HDF AND SOCIAL MOBILIZATION

Social mobilization is a core piece of HDF's efforts to transform lives. Not only does the organization encourage individuals to identify their own problems, but it also provides them with the tools to recognize their potential and make better use of the available resources for them to elevate their quality of life. Social mobilization represents a total community effort, as it requires active participation from local institutions, leaders, community groups and members of the community to work toward accomplishing a common purpose.

2008 ACCOMPLISHMENTS

- _ 46 Development Organizations (DOs) formed.
- _ 34 Village Development Organizations (VDOs) formed.
- _ 381 participants have been orientated in activist workshops.
- _ 349 persons trained in Community Management Skills Training.
- _ VDOs have succeeded in obtaining funds from Local Government and other organizations worth PKR 1.9 million.
- _ 179 staff members trained in Social Mobilization, Local Institutional Building, Development of VDOs, and Rules & Regulations.

2009 OVERVIEW AND GOALS

In 2009, HDF has focused its efforts on continuing to create more Development Organizations and Village Development Organizations, as well as to ensure existing organizations are maturing and accomplishing objectives. Further, the organization plan is organizing a substantial amount of additional trainings in 2009 in areas such as children forums and community management skills. Specific goals in social mobilization include:

- _ Form 41 DOs and 90 VDOs
- _ Ensure 42 VDOs have by-laws
- _ Form 30 Children Forums

2009 RESULTS TO DATE		Achieved by JUN 09		To be Achieved by DEC 09	
		Achieved to Date	To be Achieved	US Dollars to be Raised	
Basic Communit Mgmt Skills (CMST)					
Training of Village Dev. Organizations (VDOs)					
Development of VDO Rules & Regulations	44	16	28		\$6,100
Manager Conferences					
<small>(Experience Sharing Conferences of Office Bearers of VDOs, Dos, Govt. Departments, Other Organizations)</small>	6	2	4		\$2,048
Training of Children Forums	11	4	7		\$688
Institutional Building and Management of					
1316 DOs, 173 VDOs, 61 Children Forums					\$91,012

OVERVIEW:

In 2000, HDF began work in Rahim Yar Khan, previously one of the least developed districts in Punjab, Pakistan. With a population of 3.1 million at the time, Rahim Yar Khan was comprised of roughly 80-percent rural residents with the remainder living in urban environments. Much of the area consisted of farmers with the most notable crops including cotton, sugarcane and wheat. Literacy rates in the district were low (55% of residents and only 46% of female residents were literate).

GOALS

- Use the Rahim Yar Khan district as a model for human development in Pakistan.
- Create a sustainable impact on the humanitarian needs of all the residents of the Rahim Yar Khan District.

ACCOMPLISHMENTS

SOCIAL MOBILIZATION

- Created 287 Development Organizations (DOs) and 31 Village Development Organizations (VDOs)
- Trained more than 3,600 individuals in community management skills
- Mobilized nearly PKR 50 million for development work in the region

ECONOMIC DEVELOPMENT

- Trained more than 2,200 people in technical and vocational skills include garments, veterinary work and computers.
- Disbursed roughly PKR 43 million in loans for small enterprises and entrepreneurial efforts.
- Created 27 joint venture partnerships with the community

EDUCATION

- Formed 34 non-formal HDF schools with enrollment totaling 1,708 students
- Created 7 elementary and secondary schools specifically for girls
- Opened 33 adult literacy centers and graduate nearly 500 adults from a six-month literacy program

HEALTH

- Added health coverage for more than 4,000 households and 25,000 residents in the district
- Treated more than 20,000 patients
- Educated nearly 6,000 residents at health seminars
- Created mobile health units and community health centers

SUSTAINABLE ENVIRONMENT

- Built 181 hand pumps, 8 link roads and 4 tube wells
- Planted 2,000 trees and organized 10 cleanliness drives in the villages
- Built 4 latrines for HDF schools



HDF DONATIONS FORM

Contribution Sheet

Please complete this form and return with contribution via mail or fax credit/payment information to the appropriate address of the center in your area listed on the previous page. You may also make your donation online simply by clicking here or by simply logging onto <http://www.hdf.com> and clicking the "DONATE NOW" button.

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